Functional Assessment and Individualized Report Clinic @ Senior Care

Rush Senior Care 1725 W. Harrison POB, Suite 955 **Chicago, IL 60612** If you have a patient that you think may qualify, please place an order for "Request for Frailty Clinic"

What

The FAIR (Functional Assessment & Individualized Report) Frailty Clinic at Rush University Senior Care (Geriatric Medicine) performs comprehensive patient evaluation by an interdisciplinary team consisting of a geriatric medicine provider, a social worker and an occupational therapist.

Purpose

The clinic's purpose is to assist patients and providers with evaluating types of treatment most appropriate for the patient, by taking into consideration overall health status, predicted risk of disability and mortality, and individual health care preferences and personal wishes. In addition, patients wanting to receive a personalized assessment and treatment plan for successful aging can undergo this evaluation.

Visits last 90 minutes

Visits are thorough and last 90 minutes. This is different from a routine medical appointment, as the evaluation will include assessment of:

- Mood
- √ Cognition
- **Functional Status**
- Polypharmacy
- Prognostication

Patients are asked to bring in all medication bottles, including over the counter supplements, as the provider will be doing a thorough medication review.

Patients will also be guided through the completion of advance care directives and healthcare power of attorney documents (if not already completed).

Conclusion of Visit

At the conclusion of the visit, patients and providers will be provided with a risk assessment grid to identify areas of vulnerability. Patients and providers will receive individualized recommendations on how to address and potentially improve the areas identified as high risk.

Check Out

At the time of check out, patients will be asked to follow up for a repeat evaluation 4 months later.

Sign up

Patients will be contacted to schedule an appointment



Magdalena Bendnarcyk MD



Alexander S. Rackman, MD



Ashley Okray, PA-C



Anne E. Flannick, LCSW



Lydia Royeen, MOT, OTR/L